



**BUILDING EMOTIONAL  
INTELLIGENCE**  
Techniques to  
Cultivate Inner  
Strength in Children

**LINDA LANTIERI**

Introduction and  
practices on CD  
by Daniel Goleman

Hardcover  
5 1/2" x 8 1/4" / 128 Pages  
with audio CD  
ISBN 978-1-59179-789-0  
U.S. \$22.95 / APRIL 2008

## **BUILDING EMOTIONAL INTELLIGENCE**

### **Techniques to Cultivate Inner Strength in Children**

#### **About the author: Linda Lantieri**

**Linda Lantieri** is a Fulbright Scholar, keynote speaker, and internationally known expert in social and emotional learning, conflict resolution, intergroup relations, and crisis intervention. Currently she serves as the Director of The Inner Resilience Program (formerly Project Renewal), a project of the Tides Center, which is an initiative that equips school personnel with the skills and strategies to strengthen their inner resiliency in order to model these skills for the young people in their care.

Lantieri is cofounder of the Resolving Conflict Creatively Program (RCCP), which is being implemented at 400 schools in 15 school districts in the United States, with pilot sites in Brazil and Puerto Rico. Started in 1985, RCCP is now one of the largest and longest running research-based school (K-8) programs in social and emotional learning in United States. Linda is also one of the founding board members of the Collaborative for Academic, Social, and Emotional Learning (CASEL). CASEL's mission is to establish social and emotional learning as an essential part of education from preschool through high school worldwide.

Lantieri has more than 35 years of experience in education as a former teacher, assistant principal, director of an alternative middle school in East Harlem, and faculty member of the Department of Curriculum and Teaching at Hunter College in New York City. She has served as a death education consultant to a number of institutions, including the Mount Sinai School of Medicine and the New York City Public Schools, where she trained the first Crisis Response Teams in 1988. Linda is a Board Certified Expert in Traumatic Stress from the American Academy of Experts in Traumatic Stress.

Her honors include:

- National Education Association-designated Educational Innovator
- The Richard R. Green Distinguished Educator Award
- Spirit of Crazy Horse Award for "creating courage in discouraged youth"
- The International Education and Resource Network (iEARN) 2001 Making a Difference Award
- Senior Scholar at the Fetzer Institute, a nonprofit organization that supports research and education in the relationship between body, mind, and spirit
- Fellow of the George Lucas Educational Foundation
- Senior Educational Advisor for the Don't Laugh At Me Project of Operation Respect, which was founded by Peter Yarrow of Peter, Paul and Mary

To learn more about Linda Lantieri's work, visit [www.casel.org](http://www.casel.org) and [www.innerresilience-tidescenter.org](http://www.innerresilience-tidescenter.org)

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